GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:2961
ANSWERED ON:05.09.2007
CHRONIC ENERGY DEFICIENCY
Veerendra Kumar Shri M.P.

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether the Government has undertaken any study to define the dietary intake needed to correct the chronic energy deficiency among women, adolescents, children and elderly people in the country; and

(b) if so, the details thereof?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH & FAMILY WELFARE (SMT. PANABAKA LAKSHMI)

(a) & (b) The Indian Council of Medical Research (1989) has formulated the Recommended Dietary Allowances (RDA) for the various groups of population in order to have a normal growth, development and vital functions. Chronic Energy Deficiency (LCD) is assessed by Body Mass Index (BMI) which is weight (kg) divided by Height (mtrs.)

2. Persons with BMI values 20 to 25 are considered as normal. The degree of Chronic Energy Deficiency is as per the following table.

BMI	Nutritional Grade
<16.0	III Degree CED
16.0-17.0	II Degree CED
17.0-18.5	I Degree CED
18.5-20.0	Low Normal
20.0-25.0	Normal

A copy of the RDA for Indians is Annexed